Follow up and regular checkups are important for preventing congestive heart failure and stroke.

Healthy Lifestyle Change?

All AFib patients need a healthy lifestyle.

Discuss any changes that may be important for reducing your stroke risks.

FDA Approved Anticoagulants?

Recommended for Risk Scores 2 or More

In some cases, aspirin may be used instead.

Follow up

Medications

Cardioversion

Catheter Ablation

Surgery

May be combined with other treatments

Medications

Does my heart rhythm or rate need treatment?

Not at this time - We will monitor the situation

Yes, we will pursue keeping the heart in normal rhythm

Yes, we will pursue heart rate control

How will I prevent stroke?

Based on the following

Depending on my CHA2DS2 - VASc risk score:

+1 Congestive heart failure?
+1 Hypertension? (High blood pressure)
+2 Age? (75 or greater)
+1 Diabetes?
+2 Stroke? (prior episode)
+1 Vascular disease?*
+1 Age? (65 - 74)
+1 Sex category? (female)

Recommended for Risk Scores 2 or More

* Vascular risks factors that can increase a person’s AFib stroke risk score may include:
Prior heart attack
Peripheral Artery Disease (PAD)
Aortic plaque

*It is very important to take risk reduction measures even though no method or treatment can guarantee prevention. Know the warning signs for stroke and call 9-1-1 immediately if you experience them.

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