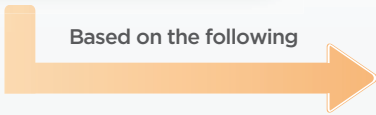


SIMPLIFYING YOUR ATRIAL FIBRILLATION TREATMENT PLAN

Patients can take an active role in their healthcare by using this tool to better understand appropriate treatment options available.



How will I prevent* stroke?



- Depending on my CHA₂DS₂ - VASc risk score:
- +1 Congestive heart failure?
 - +1 Hypertension? (*High blood pressure*)
 - +2 Age? (75 or greater)
 - +1 Diabetes?
 - +2 Stroke? (prior episode)
 - +1 Vascular disease?*
 - +1 Age? (65 - 74)
 - +1 Sex category? (female)



Healthy Lifestyle Change?

All AFib patients need a healthy lifestyle.
Discuss any changes that may be important for reducing your stroke risks.



FDA Approved Anticoagulants?
Recommended for Risk Scores 2 or More
In some cases, aspirin may be used instead.

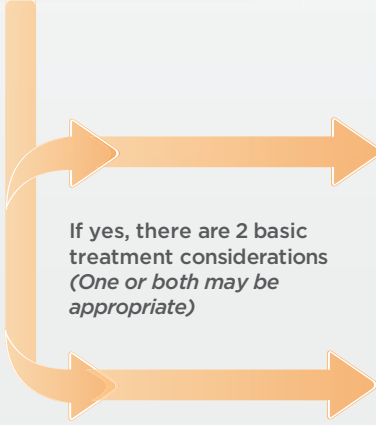
Does my heart rhythm or rate need treatment?



Not at this time - We will monitor the situation



Follow up
Follow up and regular checkups are important for preventing congestive heart failure and stroke.



Yes, we will pursue keeping the heart in normal rhythm



- Medications
- Cardioversion
- Catheter Ablation
- Surgery
May be combined with other treatments

Yes, we will pursue heart rate control



Medications

www.MyAFibExperience.org



* Vascular risks factors that can increase a person's AFib stroke risk score may include:
Prior heart attack
Peripheral Artery Disease (PAD)
Aortic plaque

*It is very important to take risk reduction measures even though no method or treatment can guarantee prevention. Know the warning signs for stroke and call 9-1-1 immediately if you experience them.